## Cycling Shorts - Size charts

| Men | XS | S | M | L | XL | 2 XL | 3 XL |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| To Fit Waist <br> (cm) | $56-76$ | $60-80$ | $64-84$ | $68-88$ | $72-92$ | $76-96$ | $80-100$ |
|  |  |  |  |  |  |  |  |
| Women | 8 | 10 | 12 | 14 | 16 | 18 | 20 |
| To Fit Waist <br> (cm) | $56-76$ | $60-80$ | $64-84$ | $68-88$ | $72-92$ | $76-96$ | $80-100$ |

## Variations $+/-2 \mathrm{~cm}$

The sizing on the chart is the actual measurement of the garment itself
When choosing your garment sizes, the best idea is to find a garment you currently have in a size that is comfortable. Then measure the garment across the chest then refer to our size chart - just choose a size the same measurement.

